



We feed
your trust.

PROFESSIONE FORNAIO

Common wheat flour

STAR



*The ideal flour for long
leavening times and
“Ciabatta” bread*

www.mulinopadano.it



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Professione Fornaio range of flours by Mulino Padano is designed to meet every baking need: from doughs with long leavening times to “indirect” doughs, from processed bread to high-hydration recipes, to recipes with sourdough starter. These processes, which characterise some popular bread shapes, such as “rosetta”, “ciabatta” and “baguette”,

require flours with a well-balanced protein content and a careful selection of raw material. For this reason, our professionals pay great attention to the selection of grains, in order to guarantee constant levels of quality and performance with “Professione Fornaio” flours. This line also includes “0” and “00” flours: Reinforced, Extra and Star.

Product use

Star flours (“0” and “00”) are the best in terms of strength, protein content and stability, which makes them ideal for strengthening weaker flours or preparing high-hydration bread, such as “ciabatta”. They can be used to refresh sourdough starter and are suitable for use with leavening cells and refrigeration technology.

Ingredients

Selected common wheat, free from mycotoxins and other contaminants, subject to strict quality checks upon acceptance. To ensure purity and healthiness, wheat undergoes three cleaning stages and is screened with an advanced optical selector.

Grinding

Cleaned from all impurities, common wheat is ground in full respect of its characteristics and left to rest slowly and progressively, in order to obtain flours that are not thermally affected and are able to release all the aromas in the preparation of the finished products.

Shelf life and storage

Shelf life 6 months from production.
Store in a cool, dry, clean and well-ventilated place.

Characteristics

[%] Humidity (maximum)	15.50	Energy W [E-4 J]	440 - 460
[%] Ash (max.) <small>Type “00”: 0.55/Type “0”: 0.65</small>	0.65	Elasticity P/L	< 0.70
[%] Gluten (minimum)	13.5	Falling number min. [s]	340
[%] Proteins (minimum)	15.5	Stability (on farinograph results) [min.]	18
		[%] Absorption (on farinograph results)	59

Nutrition facts per 100g of product

Energy	1436 kJ - 343 kcal	Fibres	3.0 g	*Salt content is exclusively due to the presence of naturally occurring sodium.
Fats	0.8 g	Proteins	15.5 g	
<i>Of which saturated</i>	0.1 g	Salt*	0.002 g	
Carbohydrates	73.0 g			
<i>Of which sugars</i>	1.0 g			

Packaging

Paper bag 25 kg - 5 kg